

## MARK R. FILIPPI, D.C.



Mark R. Filippi, D.C., has practiced chiropractic in Westchester County since 1991. He was also certified as a Master Practitioner of Neuro-Linguistic Programming in 1995. Through 2002, he participated in field-based research projects to study the role of non-verbal communication in vision and postural development.

Today, Mark's message involves guiding people to achieving personal transformation through basic body language awareness. He is now looking to explore beyond the clinical world, in the realm of self-discovery and health education. Mark still contributes to the Journal of Vertebral Subluxation Research as an Associate Editor and speaks at several clinical symposiums. His efforts are allowing him to take what was once purely clinical information and make it available to enhance lifestyles.

His vitalistic outlook challenges his professional and local community to actively pursue and embrace contemporary models of unitary consciousness. Mark's ongoing memberships in the Society for Chaos Theory in Psychology and Life Sciences and The Lifwynn Foundation allow him access to the foremost thinkers in the emerging field of human potential. Through 2002, Mark practiced in Larchmont, New York and offered a program of instructional self-care. It applied chiropractic principles to daily living and allowed his clients to view their well-being with an expanded sense of self-awareness and a growing appreciation for the "role of the soul" in social relationships. His emphasis on body language made this very user-friendly and initiated his transition to consulting. In late 2002, Mark set about designing a program for area businesses.

During 2003 and 2004, Dr. Mark began to shift his focus to health education and consulted with Empowered Learning Resources and the Research Department at Life University in Marietta, GA about his applications of nonlinear dynamics to somatic integration. In 2004, he began devoting his efforts to The Extended Self Program and established The YES Center. The theme of this work focuses on the dynamic relationship of identity formation to the recursive process of salutogenesis. He sees the two as essential to a self-generated sense of coherence, a key aspect of both inner and outer life. Dr. Mark educates his clients about the ever-present cycle of transition that human beings experience as everyday perception. All living systems possess six basic interfaces that guide both adaptation and interaction. Dr. Mark is in the process of adding to the tools and resources offered by The Extended Self Program to make those six interfaces a reality for more people, families and developing help professionals. In 2005, Dr. Mark will release his first book, entitled *Stillness Always Wins: Your Insatiable Soma* to show people how to personally awaken these latent abilities. In an age where health care and education are growing more costly and filled with bureaucracy, Dr. Mark feels a somatic awakening can transform us all.

For more information, visit [www.markfilippi.com](http://www.markfilippi.com)

## **Mark R. Filippi, DC**

Below I've highlighted and chronicled my milestone achievements over the last decade or so. While there's no telling what the road ahead offers, so far the trip has been both rewarding and renewing to me. Here's a look at where I've been.

### **Academic Achievements**

- 1987- Graduated State University of New York at Albany  
degree: B.A. Biology graduated: Cum Laude
- 1991- Graduated Palmer College of Chiropractic Davenport, Iowa  
degree: Doctor of Chiropractic graduated: Magna Cum Laude
- 1991- Awarded Dean's List Presidential Scholar at Palmer College of Chiropractic
- 1991- Awarded D.D. Palmer Academic Scholarship at Palmer College of Chiropractic
- 1991 - Certified Instructor -- American Red Cross: Back Injury Prevention
- 1995 - Certified Master Practitioner of Neuro-Linguistic Programming
- 1998-Present – Annual presenter at Society for Chaos Theory in Psychology and Life Science's Annual Conferences and The Blueberry Brain Institute's Annual Snowflake Conference on Dynamical Systems Thinking in Science and Society (abstracts available on request)
- 1999-2000 – Published peer-review research paper;  
“Subluxation Social/Cultural Imitation: Resolving a Phylobiological Epiphenomenon”  
in the *Journal of Vertebral Subluxation Research* Vol.3 No. 3 and Vol. 3 No. 4 the first part of the paper was released in January 2000, the second was on-line in April 2000
- 2000 - Named "Researcher of the Year" by the World Chiropractic Alliance
- 2002 - Named Faculty Partner at Life Skills U for the development of Parallel Learning content
- 2002- Certified in Reconnective Healing™ and The Reconnection™ by Dr. Eric Pearl
- 2002 - Completed 22-week training in Discovery Coaching™ at Life Skills U (San Diego, CA)

### **Clinical Credentials**

- 1990 Received National Board of Chiropractic Examiners Certificate #41230
- 1991 Licensed Doctor of Chiropractic: Pennsylvania LIC # DC-004649-L
- 1991 Licensed Doctor of Chiropractic: New York LIC # X006595
- 1997 Licensed Doctor of Chiropractic: Arizona LIC # 5626
- 1991 to present - In private practice: Westchester County, NY

### **Continuing Education Highlights:**

- 1991 to present ---- Over 1200+ hours of clinical Continuing Education including...
  - \*200 hours --- Neuro-Linguistic Programming Master Practitioner Training  
NLP Awareness Center -- Toms River, NJ 10/94 - 5/96 \*certified
  - \*130 hours of Sacral Occipital Technique -- Palmer College of Chiropractic and  
Sacral Occipital Research Society International
  - \*116 hours Applied Kinesiology - Herb Anderson, DC 11/92- 3/98
  - \*72 hours Pettibon Spinal Biomechanics Certification Series 6/96-1/98
  - \*30 hours Society of Chaos Theory in Psychology and Life Sciences 2/98 and 7/98
- 1998-present -- Over 600 hours of life sciences Continuing Education including...
  - \* 200+ hours of nonlinear dynamical systems analysis and application with the SCTPLS
  - \* 150+ hours of phylobiological social-self inquiry sessions with the Lifwynn Foundation

## **Applications of Skills in Allied Fields**

- 1994 - Designed a Natural Problem-Solving system {service mark pending} This system emerged as a cyclical five step meta-model for utilization of the five senses as processing mechanisms to aid in behavioral and developmental evolution in accordance with the accelerated learning model.
- 1995 - Consultant for Dr. Rod Taber of Ring Technology for the development of an expert fuzzy software program designed to database realtime clinical impressions of posture and gait.
- 1996 to present Consultant to Behavioral Optometrist, Dr. Mark Grossman for the completion of the book "Natural Eye Care: An Encyclopedia: Complementary Treatments for Improving and Saving Your Eyes" – now featured on [www.visionworksusa.com](http://www.visionworksusa.com)
- 1997- 1998 Consultant to Thought Technology for a six-month survey of the clinical viability of the Biograph Multimedia Data Analysis and Feedback System
- 1999 – performed a 12-week speculative feasibility study for Sense Technology, inc. to study the correlation between differential compliance and June Wieder DC's vertebral acoustics
- 2002 - Consultant to LifeWaves International for the beta testing of circadian rhythm technology
- 2003 – Consultant to Empowered Learning Resources for professional outreach opportunities
- 2004 – Consultant to Life University Research Department for brain-based educational training

## **Relevant Experiences continued...**

### **Organizing Educational Programs**

- 1991- 1992 Provided chiropractic care and Spinal Health Care classes for employees of Integrated Health Care --- Plainview, NY.
- 1993 – 1995-- Hosted radio shows/conducted interviews with experts in chiropractic stress management, computer programming, and accelerated learning...  
Host and guest on cable TV shows about diet, exercise and behavior modification
- 1993 –1994 -- Conducted Clinical Synopsis Seminars in New York and New Jersey
- 1995-1999 -- Co-host of monthly local cable TV show "Sound Health"
- 1998 – organized ongoing certifications series entitled **Cross-Over Care Classes™** as a forum for practice members to recognize and demonstrate self-proficiency and introduce a portable set of skills designed to decode life's mixed messages
- 1998 --- wrote a series of companion guides called **IN-8 Expression©** that serves as ongoing support for practice members in an instructional self care format
- 1998 --- contributed to an interdisciplinary website called [www.simile.org](http://www.simile.org) that served as a virtual classroom for the Connecticut Homeopathic Association (CHA)
- 1998 – 1999 – served as VP of growth and development for the CHA, a non-profit organization which has been educating the community for over 14 years
- 2000- 2002 Co-coordinated and presented at The Winter Chaos Conference in Manchester Village, VT and Brattleboro, VT--- The conferences were attended by an interdisciplinary panel and the presentations were webcast over [www.comdig.org](http://www.comdig.org)
- 2000 - 2002 Director of Collaborative Education & Practice for the World Chiropractic Alliance

## Versatile Contributions of Knowledge within Chiropractic

- 1991 to 1996 - Chiropractic consultant to West Harrison Fitness Center
- 1993- present - Clinical consultant to Richard Bartlett, N.D. D.C. for research applying Karl H. Pribram's holonomic brain theory to the chiropractic adjustment
- 1994 – Chiropractic consultant for Virginia Commonwealth University to work with learning disabled student athletes
- 1998–2000 Frequent guest on the audiocassette series, “On Purpose”, discussing ongoing research and clinical applications with Drs. Pat Gentempo and Christopher Kent
- 1999 – Accepted onto Life University’s post-graduate faculty
- 1999 – Accepted onto Palmer University’s post-graduate faculty
- 1999 -- Accepted onto Sherman Straight College of Chiropractic post-graduate faculty
- 2000- Accepted onto Parker College of Chiropractic post-graduate faculty
- 1999 -2001– Organized and presented several clinical seminars attended by students and doctors
- [Marietta 2017: Chiropractic Without Patience” 6-hour synopsis of non-linear tools](#)
  - [Chaos & Chiropractic -- 12-hour presentation on the basis of living system dynamics](#)
  - [Southern Chaos -- 12-hour workshop on self-awareness and natural healing mechanisms](#)
  - [Introducing the Oneness Practice - 12-hour seminar on applying self-care to chiropractic](#)
- 2003 - Release of electronic companion guide CD – “Virtual Adjustment” Version 1.0
- 2003 – Launched [www.markfilippi.com](http://www.markfilippi.com) which offers a variety of web-services and products
- 2003 – Tendering a product development offer to Vision Improvement Technologies, inc.
- 2003 - December release of the "Crossing Paths" license renewal distance learning courseware in collaboration with Marc Grossman, OD, Lic. Ac., Vision Works, Inc., and ChiroCredit.
- 2004 – Joined both the Westchester Holistic Practitioner Network and the Katonah Study Group

### Resources

Peter D'Adamo, ND	Author of the "Eat Right 4 Your Type" Series	Stamford, CT
Marc Grossman, OD, Lic. Ac.	Rye Learning Center	Rye, NY
Richard Jorgenson, Ph.D.	CEO of Life Skills U	San Diego, CA
Sean Hagberg, Ph.D.	Ivivi Technologies – Chief Knowledge Officer	Mendham, NJ
Slim Spurling	Light Life Tools	Roggen ,CO
Michael Lofrano	NLP Awareness Center	Toms River, NJ
Rollin McCraty, Ph.D.	Research Director Institute of HeartMath	Boulder Creek, CA
Matthew McCoy DC	Journal of Subluxation Research Editor	Marietta, GA
Burl Pettibon, DC	Spinal Technology	Gig Harbor, WA
Karl H. Pribram, M.D., Ph.D. (hon)	Georgetown University	Washington, DC
Rod Taber, Ph.D,	Ring Technology	La Vale, MD
Billie M. Thompson, Ph.D.	Sound Listening & Learning Center Director	Phoenix, AZ
Charles L. Webber Jr., Ph.D.	Professor of Physiology, Loyola University	Chicago, IL
Fred Abraham, Ph.D.	Blueberry Brain Institute	Waterbury, VT
Lloyd Gildea, Ph.D.	The Lifwynn Foundation	New York, NY
Penelope Smith	Sensory Awareness Foundation	Caldwell, NJ
Carlos Torre, Ph.D.	Yale University/Southern Connecticut State Univ	New Haven, CT
Richard Bartlett, ND, DC	Matrix Energy Dynamics	Seattle, WA
Michael Conforti, Ph.D.	Assisi Conferences	Brattleboro, VT
Christopher Wolf	Empowered Learning Resources	Scarsdale, NY
Alethea Jacob	Monroe Institute Accredited Outreach Trainer	Putnam Lake, NY
George Muhs, DC, DACNB, CCN	University of Bridgeport – Clinical Sciences	Bridgeport, CT